

YOUR AURA AMP CHAKRAS THE OWNERS MANUAL KARLA MCLAREN

Oct 31, 2020



[Your Aura Amp Chakras The Owners Manual Karla McLaren](#)

I predict this for Karla McLaren's "Your Aura & Your Chakras: the Owner's Manual". Karla may not be the originator for these exercises, I don't know. I will say, however, that in 16 years of trying to implement literally h-u-n-d-r-e-d-s of authors' exercises, I haven't run into these before. Karla's book has been the most succinct and results-bearing from nearly \$10,000 worth of other authors ...

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Karla McLaren has a different approach to Auras that really resonates for me! She doesn't focus on seeing and reading auras. She is all about learning to manage your aura to improve inner/spiritual health, and to create a buffer to the psychic/spiritual world around us. She suggests many great techniques for grounding, centering and improving the health of our many kinds of relationships. Technically, I'm not finished reading this book, as the Chakras have not been a primary focus for me. Someda

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Karla McLaren. Karla McLaren has been a member of the metaphysical/New Age culture for thirty-two years. She has authored nine titles in the genre, including Emotional Genius, Energetic Boundaries, and Your Aura & Your Chakras: The Owner's Manual. She is now deconstructing her career, and is returning to (real) college to get her (real) Master's in Sociology and Behavioral Sciences. She is ...

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Your AURA is the energy produced by your spirit, and it emanates all around you, like a fluffy cloud. There are seven layers to the aura, corresponding to, and connected with, each of the seven chakras. The seven layers of the aura are the Etheric, Emotional, Mental, Astral, the Etheric Template, Celestial and Ketheric Template of layers the aura. These are the layers of the aura, starting ...

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Each Chakra is a God portal that emanates a vibrational sound that one can chant to harmonize your energy with. Most of this I learned after making the video and plan to do more talks on this as I ...

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